## O O

#### Faculty of Health and Medical Sciences

#### Hjertesygdom hos Kat - Update 2024



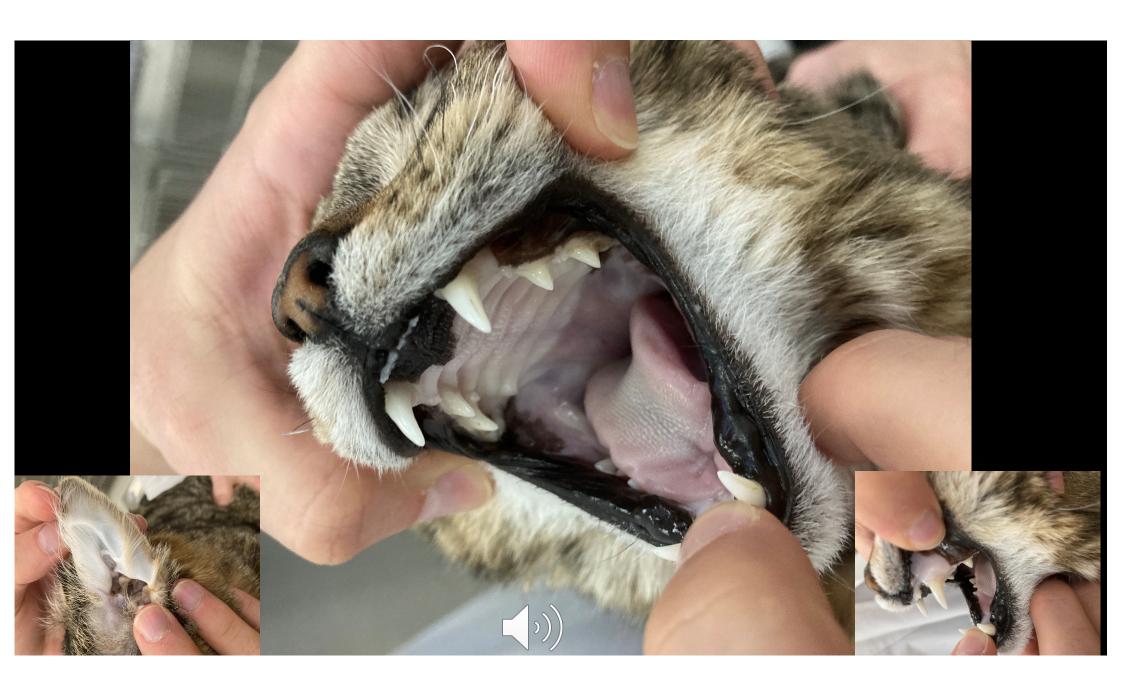


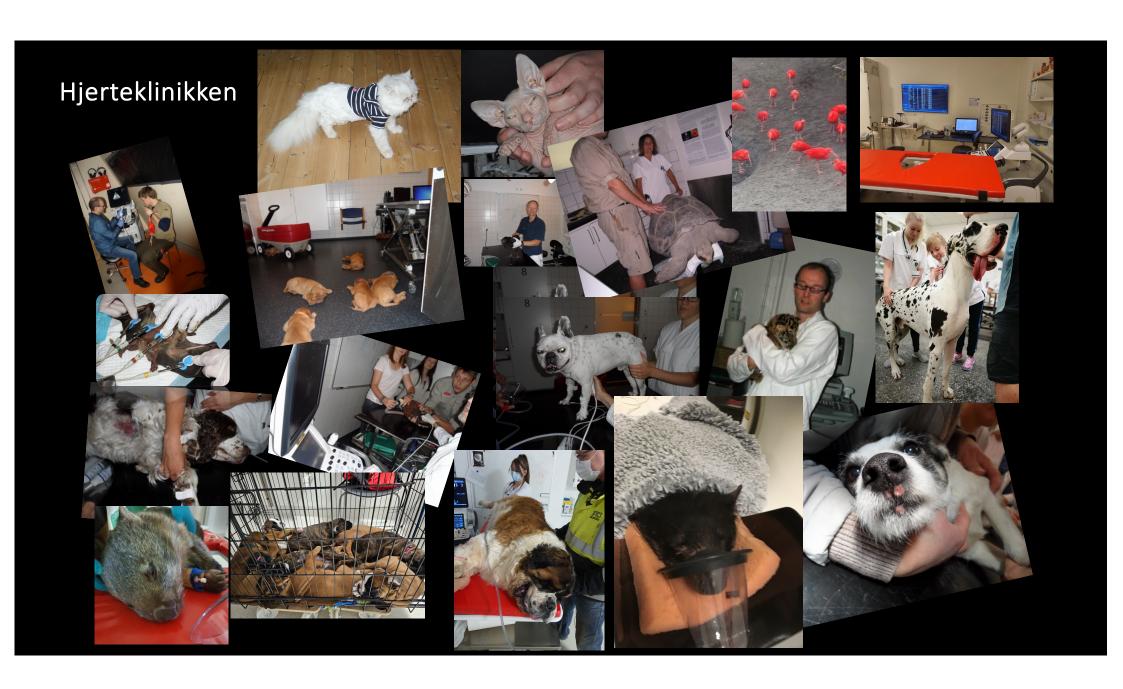












## The Heart as a Symbol



ca. 510-490 BC. Cyrenian coin with a silphium seed imprinted in it

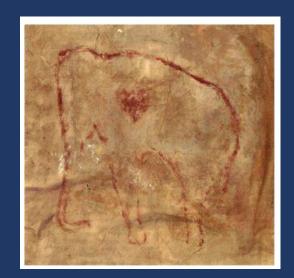




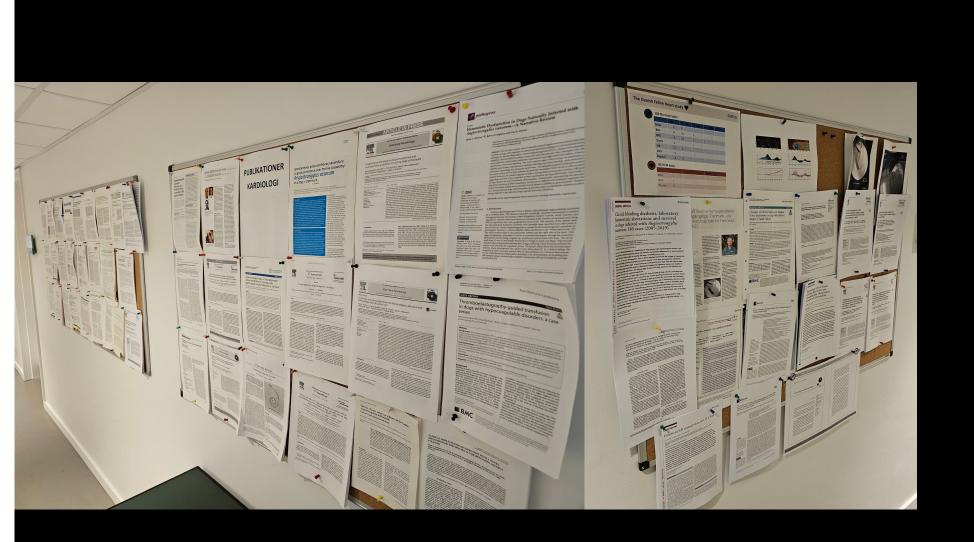
"The Heart Offering," 1338-1344



Milton Glaser, I Love New York, 1977. Trademarked logo, New York State Department of Economic Development, New York, New York

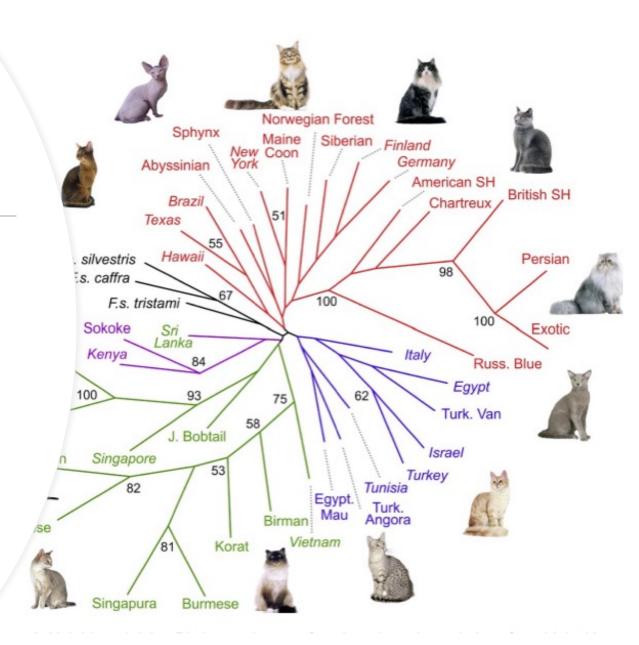


https://ideas.ted.com/how-did-the-human-heart-become-associated-with-love-and-how-did-it-turn-into-the-shape-we-know-today/



#### Phylogenetic Tree of Cat Breeds

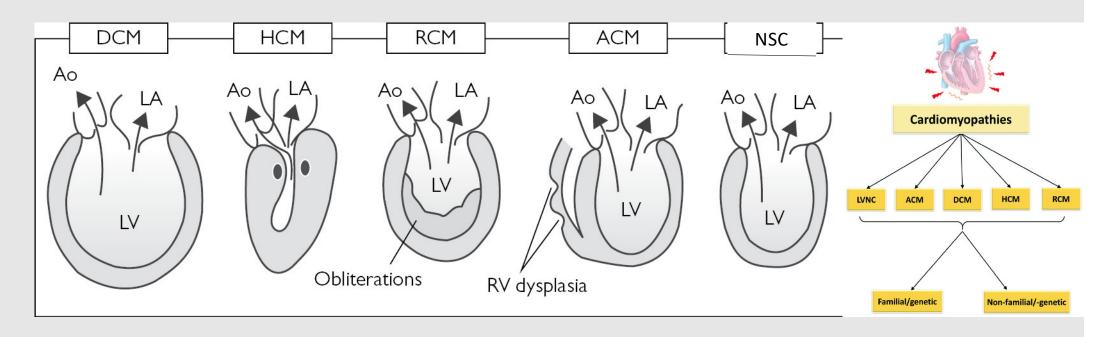
- Genomics 2008 Jan;91(1):12-21.
- doi: 10.1016/j.ygeno.2007.10.009. Epub 2007 Dec 3.



## A Heart-Sick Cat



## Cardiomyopathies - Classifications



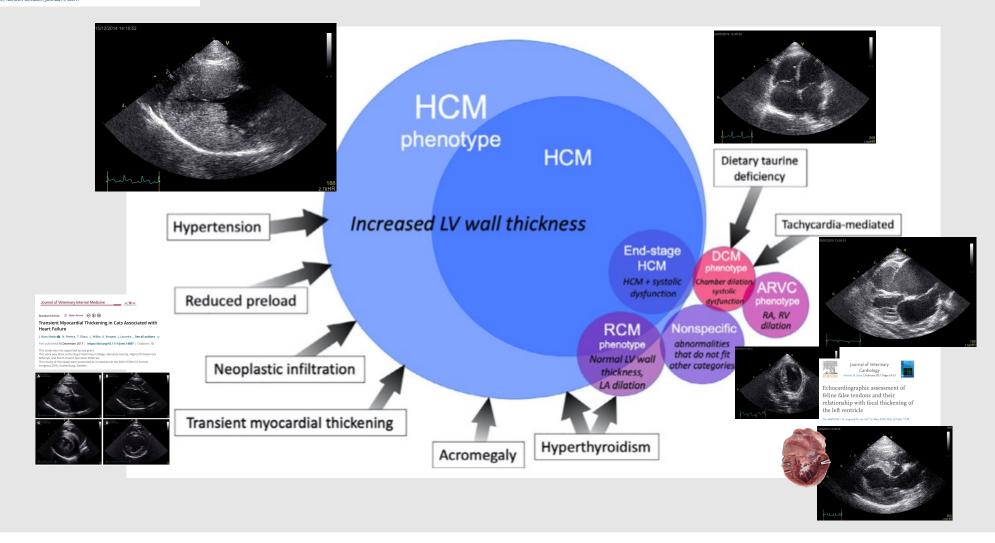
**Primary and Secondary Cardiomyopathies** 

https://www.hospitalsenhedmidt.dk/patientvejledninger/hjertesygd omme/familiaer-dilateret-kardiomyopati-dcm/

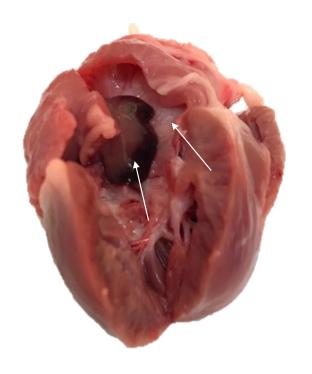
CONSENSUS STATEMENT | ⊕ Open Access | ⊕ ⊕

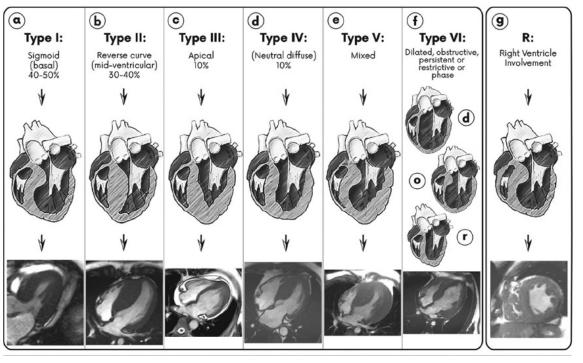
ACVIM consensus statement guidelines for the classification, diagnosis, and management of cardiomyopathies in cats

Virginia Luis Fuentes 🗷 Jonathan Abbott, Valérie Chetboul, Etienne Côté, Philip R. Fox, Jens Häggström, Mark D. Kittleson, Karsten Schober, Joshua A. Stern



 HCM is a primary disease of the cardiac muscle that is characterized by a hypertrophied and nondilated left ventricle, normal or enhanced contractile function, and impaired ventricular relaxation in the absence of other cardiac or systemic diseases





Arch Cardiol Mex. 2022;92(3)

## Hjertesygdom vs. hjertesvigt





1 ud af 7 katte har en hjertelidelse

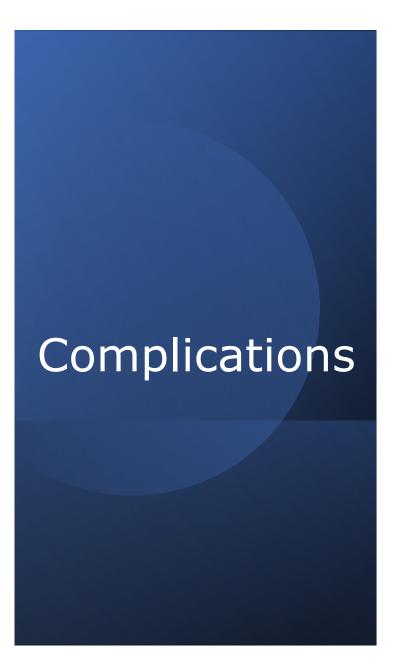




Medfødte <5%?

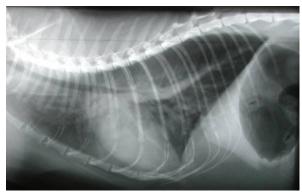
Erhvervede 95%?

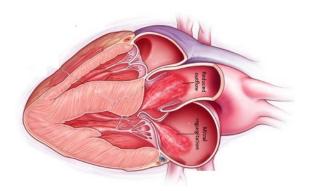


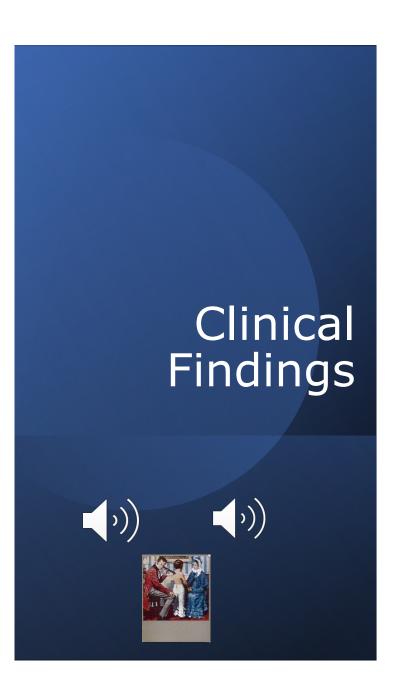


- Congestive Heart Failure
- Dynamic Obstruction of the Left Ventricular Outflow Tract (SAM)
- Thromboembolism
- Arrhythmias
  - Atrial Fibrillation
  - Ventricular Tachycardia
- Sudden Death
- (Anorexia/Weight Loss)









- Any age
- •Murmur
  - Harsh systolic ejection murmur across entire precordium → apex & heart base
  - MR: separate murmur severity of MR related to degree of outflow obstruction
- Gallop sounds
- Dyspnea
- Depression and anorexia
  - Weight loss!?
- Hind limb paralysis
- Syncope
- Sudden death

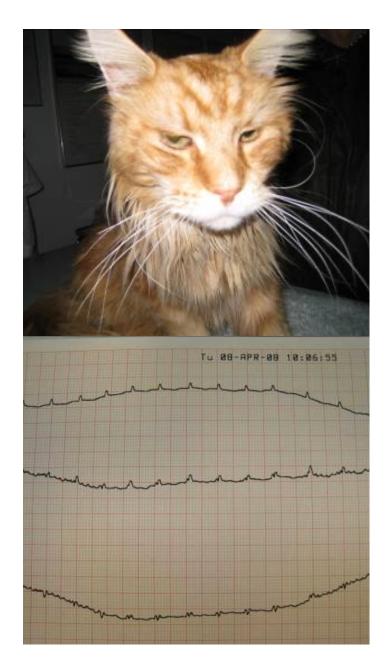






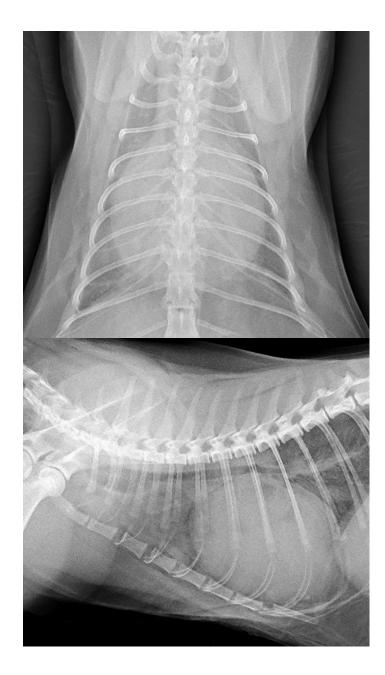
"Al Pacino" intact male, 4 years old

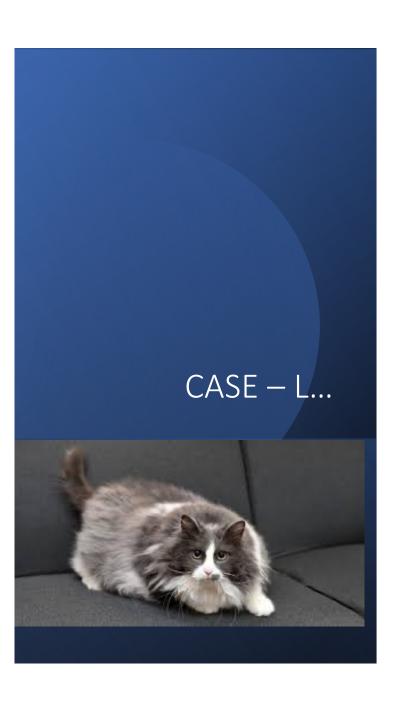
- Atrial Fibrillation
- Congestive Heart Failure
- Thromboembolic Disease



# TREATMENT OF CONGESTIVE HEART FAILURE IN CATS

- Treatment
  - Oxygen
  - Butorphanol
  - Furosemide
  - Thoracocentesis





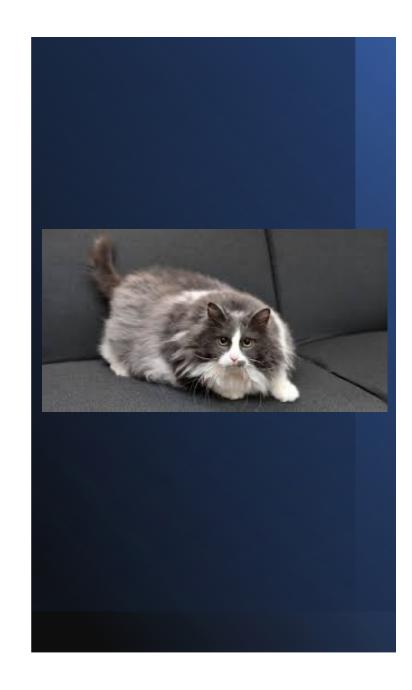
#### Signalement:

- Norwegian Forrest cat
- 4,8 years old
- Neutered female
- 7,3 kg
- Presentation
   Gained weight → 0,5-1
   kg the last month



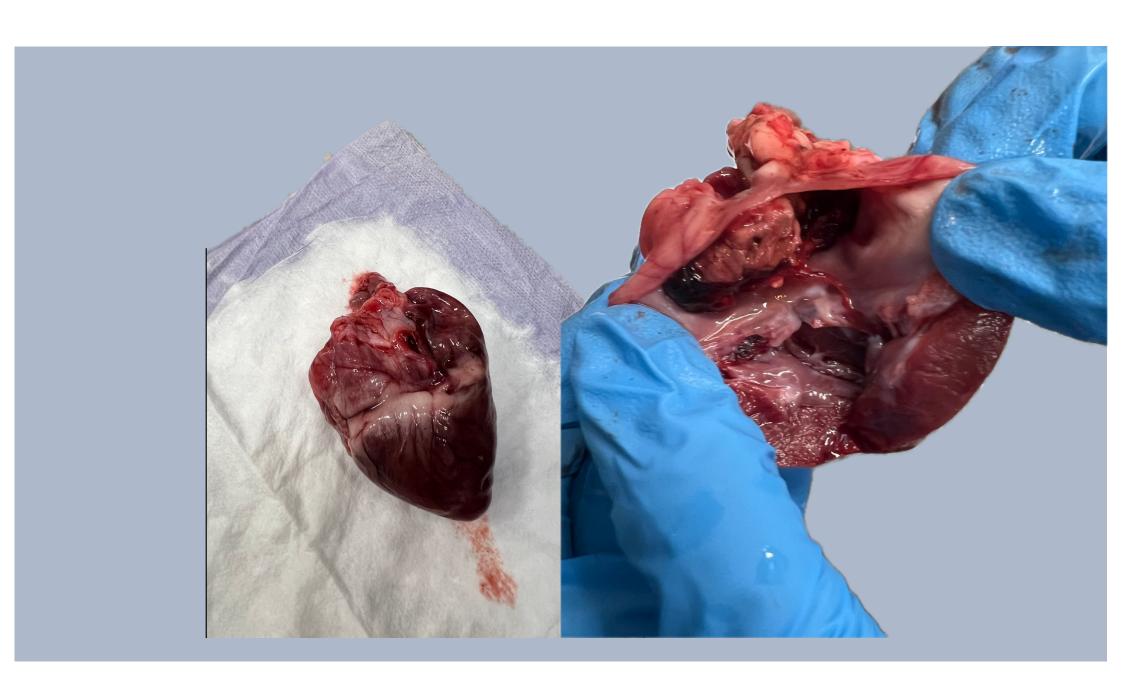
#### Initial Problem List

- 1. Weight Gain
  - 1. A recent increase in weight despite dietprescription food
- 2. Increased Abdominal Size
  - 1. Possible causes: fluid accumulation, organ enlargement, or fat deposition
- 3. Hypertrophic Cardiomyopathy (HCM)
  - 1. A chronic condition requiring ongoing treatment with Clopidogrel and Atenolol
  - 2. Arrhythmia



## ECHO SAX – heart base (RS)





#### Alternative treatment for cats with HCM

 Nattokinase: 3-4 capsules bid (starting with 15 Capsules) 2.000 FU (fibrinolytic units)

Nattokinase is an enzyme derived from natto, a traditional Japanese fermented soybean dish



	How it works	
	Fibrinolytic Activity	Dissolves fibrin and hereby clots
	Blood thinning	By promoting fibrinolysis, it can also help maintain healthy blood flow and circulation
	Antihypertensive effects	Antihypertensive effects by promoting vasodilation and enhancing blood flow
S	nti-inflammatory properties	Inhibits the expression of certain pro- inflammatory mediators and hereby damps the inflammatory response

#### Alternative treatment for cats with HCM

• Rutin: 1 tablet BID (450 mg)
Rutin is a bioflavonoid, a type of plant pigment found in certain fruits, vegetables, and herbs.

How it works	
Antioxidant activity	Can neutralize harmful free radicals in the body
Anti-inflammatory effects	Inhibiting the production and activity of pro- inflammatory molecules
Vascular health	Strengthening blood vessels and reducing permeability. This prevents leakage of fluid and nutrients into surrounding tissues
Cardiovascular protection	Lowering blood pressure, inhibiting platelet aggregation, diuresis
Anti-allergenic properties	Inhibit the release of histamine and other inflammatory mediatiors involved in allergenic reactions
Skin health	Protects against oxidative damage caused by UV radiation and environmental pollutants

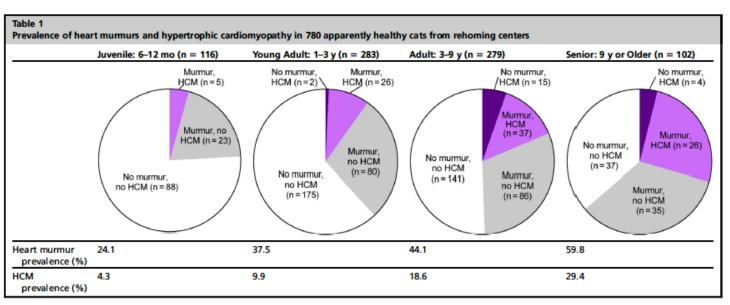




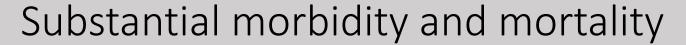
## Asymptomatic Hypertrophic Cardiomyopathy: Diagnosis and Therapy

Virginia Luis Fuentes, VetMB, PhD, CertVR, DVC, MRCVS<sup>a</sup>,\*, Lois J. Wilkie, BSc, PhD, MRCVS<sup>b</sup>

> Vet Clin Small Anim 47 (2017) 1041–1054 http://dx.doi.org/10.1016/j.cvsm.2017.05.002 0195-5616/17/© 2017 Elsevier Inc. All rights reserved.



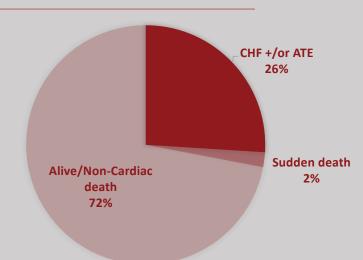
From Payne JR, Brodbelt DC, Luis Fuentes V. Cardiomyopathy prevalence in 780 apparently healthy cats in rehoming centres (the CatScan study). J Vet Cardiol 2015;17:S252; with permission.





- HCM is common with an overall prevalence of 15% (CatScan study)
- 28% cardiac mortality at 10 years. (Reveal study)
  - No difference between HCM and OHCM in time to CHF or ATE



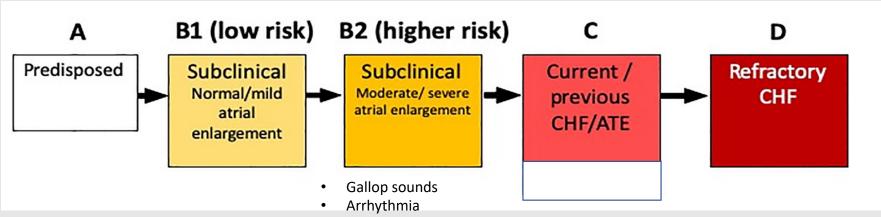






## Staging Feline Cardiomyopathy





- Poor LA function
- Extreme LV hypertrophy
- LV systolic dysfunction
- "Smoke" / intracardiac thrombus
- Regional LV wall thinning/hypokinesis

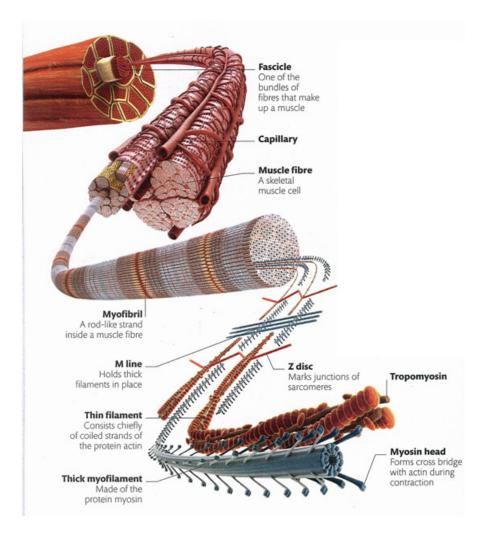


# Exploration in the microworld of the myocyte

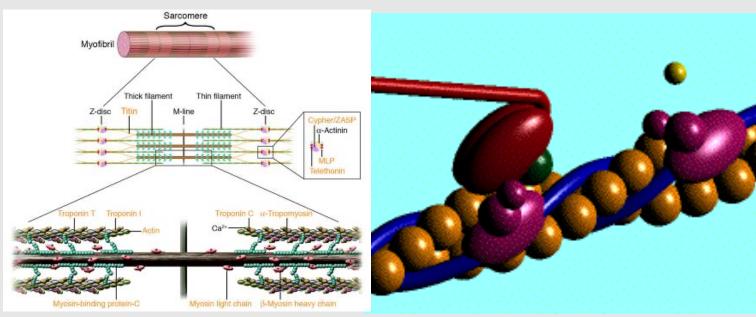


photo: Carli Hækkerup



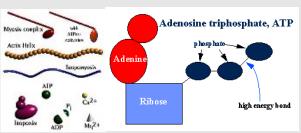


#### **Muscle Contraction**



Cardiac myosin-binding protein C, arrayed transversely along the sarcomere, binds myosin and, when phosphorylated, modulates contraction:

- Not essential for cardiac development and function, but involved in determining efficiency of muscle contraction

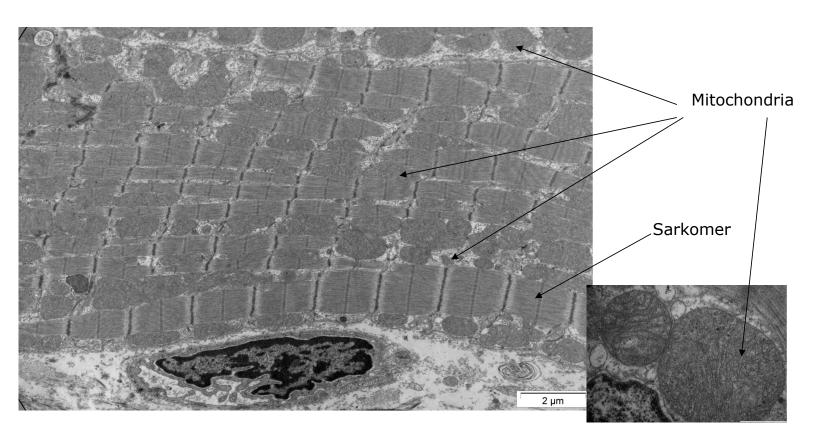


www.banyantree.org/jsale/develop.html

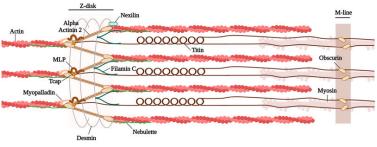
Morita et al. (2005) J. Clin. Invest. 115:518–526

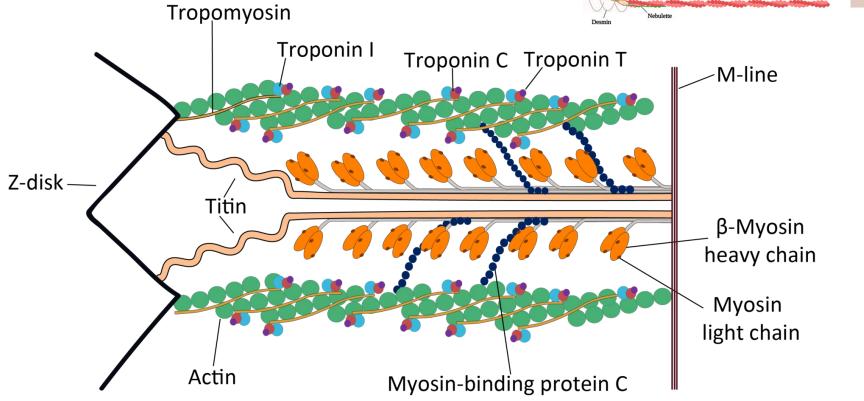
### Sarcomeropathy

SEM. Venstre ventrikel, DSH, 6 år



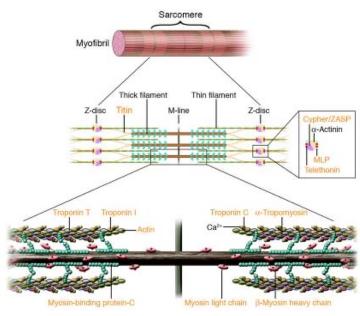
# Sarcomer – multiprotein complexes





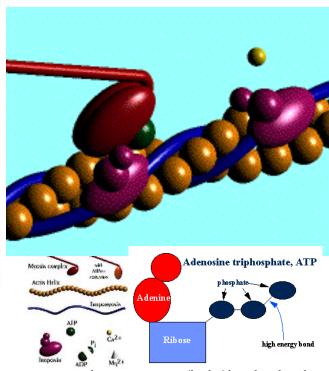
https://www.frontiersin.org/files/Articles/1143858/fphys-14-1143858-HTML/image\_m/fphys-14-1143858-g001.jpg

#### **Muscle Contraction**



Cardiac myosin-binding protein C, arrayed transversely along the sarcomere, binds myosin and, when phosphorylated, modulates contraction:

- Not essential for cardiac development and function, but involved in determining efficiency of muscle contraction



www.banyantree.org/jsale/develop.html

Morita et al. (2005) J. Clin. Invest. 115:518-526



- Lifespan up to 24 years
- 38 chromosomes
- > 350 genetical diseases
- Burmese "Cinnamon", 4 years old
  - 2007
  - 20285 genes
  - 2.7 x 10<sup>9</sup> base pair
    - A,T,C,G



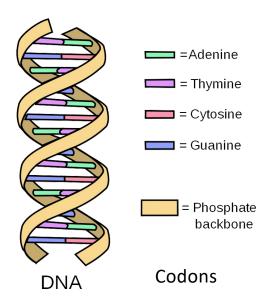
Our feline friends share 90% of homologous genes with us

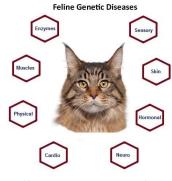
# Genetic Disorders = diseases caused by mutations in one or more genes

- Genes: exons, introns, allelles
  - Transcription
  - Translation

#### Modes of Inheritance

- Autosomal Dominant Inheritance
- Autosomal Recessive Inheritance
- X-Linked Dominant Inheritance
- Y-Linked Inheritance
- Mitochondrial Inheritance
- Multifactorial Inheritance





https://drbillspetnutrition.com/feline-genetic-diseases/

## Types of Mutations

Mutations are changes in the DNA sequence. They can occur naturally or be induced by environmental factors. Here's a breakdown of different types: **Point Mutations Silent Mutation** Missense Mutation Nonsense Mutation

Phenotype = Genotype x Environment

- Insertions and Deletions (Indels)
- Frameshift Mutations
- Splice Site Mutations
- Repeat Expansion

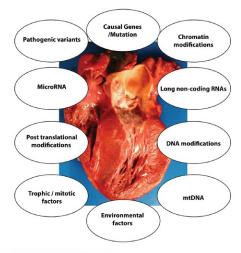


Figure 3. Determinants of phenotype in HCM Selected factors contributing to expression of cardiac phenotype in HCM are shown. The causal mutation imparts the main effect and several others, such as other pathogenic genetic variants (modifiers), genomics (such as non-coding RNAs), proteomics (such as post-translational modifications), and environmental factors (such as isometric exercises) contributing to expression of the phenotype.

## Sarcomeropathies (humans)

A. Establis	A. Established Causal Gene HCM (Large families)				
Gene	Protein	Function	Tolerance to variation		
			Missense (Z score)	LoF (pLI)	
МҮН7	β-Myosin heavy chain	ATPase activity, Force generation	6.54	0.00	
МҮВРС3	Myosin binding protein-C	Cardiac contraction	0.69	0.00	
TNNT2	Cardiac troponin T	Regulator of acto-myosin interaction	1.54	0.01	
TNNI3	Cardiac troponin I	Inhibitor of acto-myosin interaction	1.88	0.17	
TPM1	a-tropomyosin	Places the troponin complex on cardiac actin	3.42	0.80	
ACTC1	Cardiac α-actin	Acto-myosin interaction	5.25	0.95	
MYL2	Regulatory myosin light chain	Myosin heavy chain 7 binding protein	0.86	0.02	
MYL3	Essential myosin light chain	Myosin heavy chain 7 binding protein	0.75	0.89	
CSRP3	Cysteine and glycine-rich protein 3	Muscle LIM protein (MLP), a Z disk protein	-0.66	0.00	

B. Likely causal genes for HCM (small families)				
Gene	Protein	Function	Tolerance to variation	
			Missense (Z score)	LoF (pLI)
FHL1	Four-and-a-half LIM domains 1	Muscle development and hypertrophy	1.29	0.92
MYOZ2	Myozenin 2 (calsarcin 1)	Z disk protein	0.03	0.02
PLN	Phospholamban	Regulator of sarcoplasmic reticulum calcium	0.57	0.11
TCAP	Tcap (Telethonin)	Titin capping protein	0.45	0.08
TRIM63	Muscle ring finger protein 1	E3 ligase of proteasome ubiquitin system	0.02	0.00
TTN	Titin	Sarcomere function	-5.48	0.00

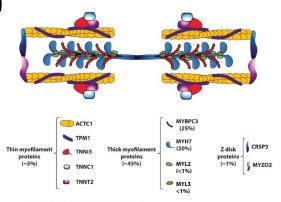


Figure 1. HCM as a disease of surcomere proteins
A schematic structure of a surcomere composed of thick and thin filaments and Z discs is
depicted along with its protein constituents involved in HCM. Established causal genes for
HCM and their population frequencies are listed.

C. Genes a	C. Genes associated with HCM				
Gene	Protein	Function	Tolerance to variation		
			Missense (Z score)	LoF (pLI)	
ACTN2	Actinin, alpha 2	Z disk protein	1.76	1.0	
ANKRD1	Ankyrin repeat domain 1	A negative regulator of cardiac genes	-0.01	0.00	
CASQ2	Calsequestrin 2	Calcium binding protein	-1.08	0.00	
CAV3	Caveolin 3	A caveolae protein	1.19	0.34	
ЈРН2	Junctophilin2	Intracellular calcium signaling	3.93	0.01	
LDB3	Lim domain binding 3	Z disk protein	0.32	0.00	
МҮН6	Myosin heavy chain alpha	Sarcomere protein expressed at low levels in the adult human heart	2.87	0.00	
MYLK2	Myosin light chain kinase 2	Phosphorylate myosin light chain 2	0.73	0.22	
NEXN	Nexilin	Z disc protein	-1.32	0.00	
TNNC1	Cardiac troponin C	Calcium sensitive regulator of myofilament function	2.22	0.51	
VCL	Vinculin	Z disk protein	3.11	0.99	

The Z score for each gene reflects deviation of the observed variants in the ExAC database from the expected number: A higher positive Z score indicates that the gene is intolerant to variation. Likewise, pLI indicates probability of intolerance to Loss-of-Function (LoF) variants with 1 indicating to all intolerance.

# Feline HCM – American College of Medical Genetics Guidelines

Protein	Mutation	Breed	Classification	
MYBPC3	A31P	MCO	Pathogenic Mair cardi	rdiac myosin binding protein C mutation in ne Coon cat with familial hypertrophic iomyopathy © N. Mours Ø, Ximena Sanchez, Ryan M. David, Neil E. Bowlez, Jeffrey A. To Reiser, Judith A. Kitzleson, Narcia J. Murro, Keith Dryburgh, Kristin A. Mac- mere
MYBPC3	R820W	Ragdoll	prote cardio	Genomic  Gen
Alstrom syndrome protein 1	p.G3376R	Sphynx	Unknown signifi	icance
TroponinT2	TNNT2 c.95- 108G>A	MCO	Unknown significance	
MYH7	E1883K	DSH	Likely pathogeni	ic

A relatively limited number of mutations identified  $\rightarrow$  The genetic architecture of feline HCM susceptibility may follow an oligogenic or polygenic mode of inheritance.

Pathogenesis – Feline HCM

Thick filaments
Thin filaments
Z disc

Primary defect (the causal mutation)

mRNA transcription
Protein expression
Sarcomere assembly
Calcium sensitivity
ATPase activity

Secondary (intermedairy)molecular changes ¬

Signaling pathways
Gene expression
Post-translational modifications
Mitochondrial dysfunction
Trophic and mitotic factors

Force generation

Feline Hypertrophic Cardiomyopathy Associated with the p.A31P Mutation in cMyBP-C Is Caused by Production of Mutated cMyBP-C with Reduced Binding to Actin

Mia T. N. Godiksen<sup>1,3</sup>, Craig Kinnear<sup>1</sup>, Tina Ravnsborg<sup>1</sup>, Peter Hojrup<sup>1</sup>, Sara Granström<sup>1,3</sup>, Inga A. Laursen<sup>1</sup>, Paula L. Hedler<sup>1,3</sup>, Johanna C. Moolman Smook<sup>1</sup>, William J. McKenna<sup>1</sup>, Jorgen Koch<sup>1</sup>, Michael Christiansen<sup>1</sup>

Department of Clinical Biochemistry and International Confession of Confess

Poputatest of Clinical Biochemistry and Immunology, Statens Serum Institut, Copenhagen, Demnock \*Department of Small Annuals Disease; Faculty of Life Science, University of Copenhagen, Copenhagen, Demnad \*JRIC Center for Molecular and Cellular Biology, University of Swellandsock, Cape Town, South Advact Sanitate of Biochemistry and Molecular Biology, University of Swelland Domanic, Monte, Demnad \*Institute of Cardonicactile Science, The Heart Biogodi, University College London, London, UK

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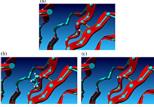


Figure 6. Schematic visualization of the effect of substituting the alanine residue with a proline residue. The proline interrupts the hydrogen bond between two beta strands. (a) Close-up of the alanine residue in the beta strand; (b) Close-up of the C0 domain with the alanine substituted by trans-proline. (c) Close-up of the C0 domain with the alanine substituted by cis-proline.

Am J Physiol Heart Circ Physiol 308: H1237-H1247, 2 First published March 13, 2015. doi:10.1152/sipherst.00222

Impaired cardiac mitochondrial oxidative phosphorylation and enhanced mitochondrial oxidative stress in feline hypertrophic cardiomyopathy

Liselotte B. Christiansen, <sup>1,2</sup> Flemming Dela, <sup>2</sup> Jørgen Koch, <sup>1</sup> Christina N. Hansen, <sup>2</sup> Pall S. Leifsson, <sup>3</sup> and Takashi Yokota <sup>2</sup>

and Takashi Yokota:

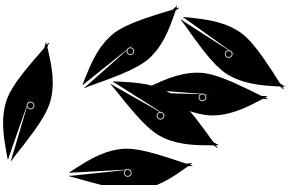
"Department of Vesteriany Clinical and Animal Sciences, Faculty of Health and Medical Sciences, University of Copenhages,
Copenhages, Dennuxi: "Department of Biomedical Sciences, Center for Healthy Aging, University of Copenhages,
Copenhages, Dennuxi: and "Department of Veterinary Disease Biology, Faculty of Health and Medical Sciences, University
of Copenhages, Copenhages, Dennuxi:

Submitted 10 October 2014; accepted in final form 10 March 2015

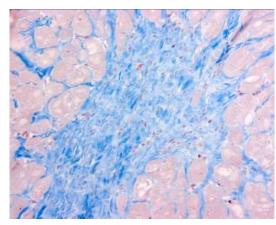
## Pathogenesis of fHCM

Tertiary (histological) phenotypes

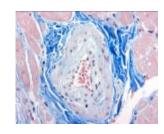




Myocyte hypertrophy Myocyte disarray Interestitial fibrosis Cardiac hypertrophy



Septum, 20x, Maisson's trichrome



40x. Vessel

## Cardiac Myocytes

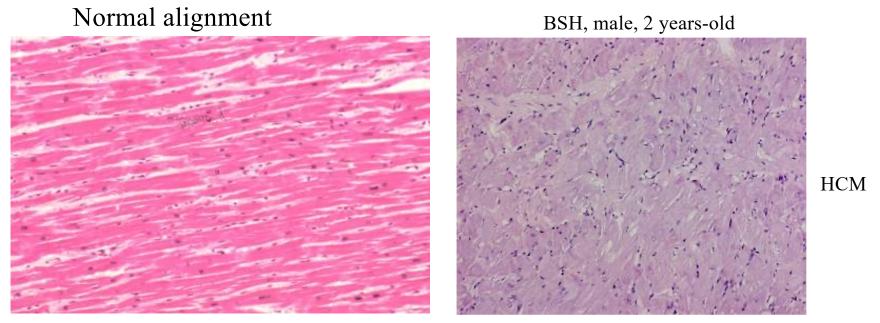


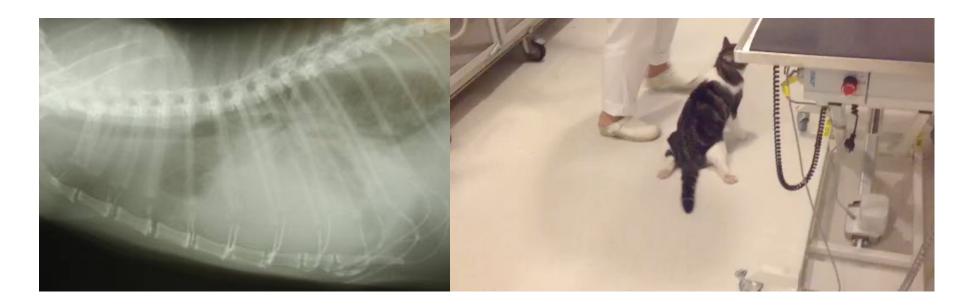
Photo: Assoc.prof. Pall S. Leifsson, IVH, KU

Myocyte disarray

## Pathogenesis

Quaternary (clinical) phenotypes

Cardiac arrhythmias
Sudden cardiac death
left ventricular outflow tract obstruction
Heart failure



† Q https a31p mutation

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KUnet forside itslearning

In the Maine Coon breed, the **A31P mutation** in the cardiac myosin binding protein C gene (MYBPC3) has been found to be associated with increased risk for ...

#### [PDF] Myosin-Binding Protein C DNA Variants in Domestic Cats (A31P ...

www.vetogene.com/GATTI/upload/jvim12031.pdf ▼ Oversæt denne side efter M Longeri - 2013 - Relaterede artikler

HCM was most prevalent in MCO homozygote for the **A31P mutation** and the ... Conclusions and Clinical Importance: **A31P mutation** occurs frequently in MCO ...

#### Prevalence of the MYBPC3-A31P mutation in a large European ...

www.ncbi.nlm.nih.gov/pubmed/21051304 ▼ Oversæt denne side

efter J Mary - 2010 - Citeret af 7 - Relaterede artikler

03/11/2010 - OBJECTIVES: The MYBPC3-A31P mutation has been identified in the USA in a colony of Maine Coon cats with an autosomal dominant ...

#### [PDF] View and print

www.langfordvets.co.uk/.../HCM\_statement\_UCD\_L... • Oversæt denne side
Two recent papers have shown that not all Maine Coon cats with the A31P mutation
get. HCM (3, 4) and one of those papers has mistakenly interpreted this lack ...

#### Genomia: HCM in Maine Coon

www.genomia.cz/en/test/hcm-main-coon/ Toversæt denne side
HCM in Maine Coon cats - detetion of Meurs mutation (A31P); Koch mutation (A74T)
is not included but it is possible to order it (detection for free)

#### Prevalence of the MYBPC3-A31P mutation in a ... - ResearchGate

www.researchgate.net/.../47678884\_Prevalence\_of\_t... ▼ Oversæt denne side Publication » Prevalence of the MYBPC3-A31P mutation in a large European feline population and association with hypertrophic cardiomyopathy in the Maine ...

#### Prevalence of the MYBPC3-A31P mutation in a ... - ScienceDirect

www.sciencedirect.com/science/.../S17602734100005... ▼ Oversæt denne side efter J Mary - 2010 - Citeret af 7 - Relaterede artikler 03/11/2010 - The MYBPC3-A31P mutation has been identified in the USA in a colony of Maine Coon cats with an autosomal dominant hypertrophic ...

Hypertrophic cardiomyopathy in young Maine Coon cats caused by ... link.springer.com/article/10.1186%2F1751-0147-53-7 ▼ Oversæt denne side efter MTN Godiksen - 2011 - Citeret af 3 - Relaterede artikler Hypertrophic cardiomyopathy in young Maine Coon cats caused by the p.A31P cMyBP-







- Pathology:
  - Measure heart weight!
    - Normal < 20 g in a 5 kg cat
    - 0.35% of bodyweight
  - Heart weight from severe HCM affected cats often > 30-45 gram







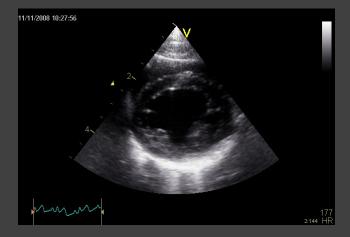
Affected BSH, male, 4 years-old

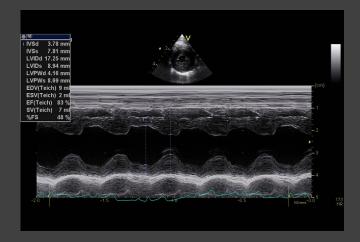
HCM screening within health programme

Participating clubs: Maline Coon-katten, Sällskapet Sibirlek Katt, Skogkattslingan, Rex United, Skogkattslubben Birka,
Rasclub Maline Coon, Scandinavian Ragdoll Club, Birmasallikapet, SkyPETX (Svenska Perser & Exotloringen), Ragdolliklubben
Visit http://www.pawpeds.com/healthprogrammes/ for more information

Patient Information	Owner's name				
Cat's registered name	Address				
Registration number	Postcode/City/State				
ID number, microchip or tattoo	Country				
Race	Phone (including country code)				
Male Not altered Female Altered	Email				
Born (year-month-day)	I am aware that the results will be retained for the records of Maine Coon- katten. I authorize Maine Coon-katten to publicly release all results from this				
Sire	form Signature Date				
Dem	-				
Examination	Examination date (year-month-day)				
Sedated Yes, with: No	Examination equipment				
Auscultation:	'I				
Weight         kg         Normal           Heart rate         bpm         Murmur, character	Gallop				
Grade: I II II	IV V VI Dynamic Static				
lining. Sys	olic Diastolic Both Continuous apex (sternum) Left Base Other, describe				
IVSd cm mm M-mode 2-D	Subjective left atrial size				
LVIDd M-mode 2-D	Normal Mild enlargement				
LVFWd M-mode 2-D	Moderate enlargement				
IVSs M-mode 2-D	Severe enlargement				
LVIDs M-mode 2-D	Systolic anterior motion of the mitral valve yes no				
LVFWs M-mode 2-D	If yes, LV outflow tract flow velocity (Doppler)  End-systolic cavity obliteration yes no				
SF	Papillary muscles				
Ao M-mode 2-D	Normal				
LA M-mode 2-D	Abnormal, moderate enlargement				
LA/Ao	Abnormal, severe enlargement				
Assessment (based on phenotype)	Comments				
Normal	1				
Equivocal					
HCM Mild Moderate Severe Other, describe					
Other, describe	Vetenarian's name, clinic's name and address				
Veterinarian	resonance a reemo, Sittle a tighte data datareas				
Cat's identity verified yes no, describe why not					
Signature yes no, describe why not					
5					
For registration of the result, the veterinarian shall send a con-	of this form to:				

For registration of the result, the veterinarian shall send a copy of this form to: Maine Coon-katten, o'o Anne N. Jensen, Landsvinget 5, Nejede, 3400 Hillerod, Denmark Rev 1.5 (en) 2007-03-04





#### Journal of Veterinary Internal Medicine



J Vet Intern Med 2016

Effect of Body Weight on Echocardiographic Measurements in 19,866
Pure-Bred Cats with or without Heart Disease

J. Häggström, Å.O. Andersson, T. Falk, L. Nilsfors, U. OIsson, J.G. Kresken, K. Höglund, M. Rishniw A. Tidholm, and I. Liungvall

Background: Echocardiography is a cost-efficient method to screen cats for presence of heart disease. Current reference intervals for feline cardiac dimensions do not account for body weight (BW). Objective: To study the effect of BW on heart rate (HR), nortic (Ao), left atrial (LA) and ventricular (LV) linear dimen-

Objective: To study the effect of BW on heart rate (HR), aortic (Ao), left atrial (LA) and ventricular (LV) linear dime sions in cats, and to calculate 95% prediction intervals for these variables in normal adult pure-bred cats. Animals: 19 866 pure-bred cats.

Methods: Clinical data from heart screens conducted between 1999 and 2014 were included. Associations between BW, HH, and cardiac dimensions were assessed using univariate linear models and allometric scaling, including all casts, and only Hk, one considered normal, respectively. Prediction intervals were created using 95% confidence intervals obtained from regressions.

Results: Association between BW and echocardiographic dimensions were best described by allometric scaling, and all mensions increased with increasing bW (all P-0000) Strongest associations were found between BW and A. I ved dissipations, and thickness of LV free will. Weak linear associations were found between BW and HR and left tolic, LA, dimensions, (and hickness of LV free will. Weak linear associations were found between BW and HR and left and the local control of the local control

Conclusions and Importance: BW had a clinically relevant effect on echocardiographic dimensions in cats, and BW based 95% prediction intervals may help in screening cats for heart disease.

95% prediction intervals may help in screening cats for heart disease.

Key words: Heart dimensions: M-mode: Prediction intervals: Screening.

breed, the database consisted of 5,274 Maine Coon, 3,301 Norwegian Forest, 2,663 British Shorthair, 1,832 Siberian, 1,809 Ragdoll, 1,258 Sphynx, 914 Birman, 745 Cornish Rex, 584 Bengal, 526 Devon Rex, 204 Persian, and 756 cats of other breeds. The latter group consisted of 38 different breeds of which British Longhair, European, and Ocicat were the most common (>50 cats per breed).

Table 1. Medians and interquartile ranges (IQR) for age, body weight, heart rate, and echocardiographic measurements in all cats, in cats classified as normal, according to stipulated criteria (see materials and methods), and in cats with abnormal findings.

Variable	All $(n = 19,866)$	Normal $(n = 18,460)$	Abnormal ( $n = 1,406$ )	P-value
Age (years)	1.8 (1.1–3.2)	1.8 (1.1–3.1)	4.5 (1.5–4.5)	<.0001
Body weight (kg)	4.2 (3.5–5.1)	4.2 (3.5–5.1)	4.6 (3.7–5.9)	<.0001
Heart rate (beats/min)	180 (160–196)	180 (160–195)	180 (160-200)	<.0001
IVSd (mm)	3.9 (3.5-4.3)	3.9 (3.5–4.3)	5.2 (4.3–5.9)	<.0001
LVIDd (mm)	15.6 (14.3–17.0)	15.7 (14.3–17.1)	15.0 (13.4–16.7)	<.0001
LVFWd (mm)	3.8 (3.4-4.3)	3.8 (3.4-4.2)	5.1 (4.2–5.8)	<.0001
IVSs (mm)	6.2 (5.5–7.0)	6.2 (5.5–7.0)	7.6 (6.4–8.6)	<.0001
LVIDs (mm)	8.5 (7.3–9.8)	8.5 (7.4–9.8)	7.5 (6.1–9)	<.0001
LVFWs (mm)	6.5 (5.8–7.2)	6.4 (5.7–7.1)	7.7 (6.7–8.8)	<.0001
FS%	45 (39–51)	45 (39–51)	49 (42–56)	<.0001
Ao (mm)	9.3 (8.5–10.2)	9.3 (8.5–10.2)	9.5 (8.8–10.5)	<.0001
LA (mm)	10.8 (9.6–12.0)	10.8 (9.6–12.0)	11.7 (10.0–13.4)	<.0001
LA:Ào	1.14 (1.06–1.24)	1.13 (1.06–1.23)	1.2 (1.10–1.35)	<.0001

IVSd, interventricular septum diastole; LVIDd, left ventricular internal diameter diastole; LVFWd, left ventricular free wall diastole; IVSs, interventricular septum systole; LVIDs, left ventricular internal diameter systole; LVFWs, left ventricular free wall systole; FS%, fractional shortening; Ao, aortic diameter; LA, left atrial diameter; and LA:Ao, left atrial-to-aortic ratio.

## Nye grænseværdier

**Table 3.** Predicted cardiac dimensions and 95% prediction intervals for 18460 cats with normal echocardiograms according to specific, stated criteria (see materials and methods).

Weight (kg)	IVSd (mm)	LVIDd (mm)	LVFWd (mm)	IVSs (mm)	LVIDs (mm)	LVFWs (mm)	FS (%)	LA (mm)	Ao (mm)	LA:Ao
1.5	3.1 (2.3–4.0)	11.9 (9.5–15.0)	2.9 (2.2–3.8)	4.8 (3.5–6.7)	6.4 (4.2–9.6)	4.8 (3.6–6.5)	45 (28–62)	7.7 (5.8–10.2)	7.0 (5.5–8.8)	1.13 (0.85–1.40)
2.0	3.3 (2.5–4.3)	12.8 (10.2–16.0)	3.1 (2.4-4.1)	5.2 (3.7–7.2)	6.9 (4.6–10.5)	5.2 (3.9–7.1)	45 (28–62)	8.5 (6.3–11.2)	7.5 (6.0–9.5)	1.13 (0.85–1.40)
2.5	3.4 (2.6–4.5)	13.6 (10.9–17.0)	3.2 (2.5–4.4)	5.4 (3.9–7.6)	7.4 (4.8–11.2)	5.5 (4.1–7.5)	45 (28–62)	9.1 (6.8–12.0)	8.0 (6.3–10.1)	1.14 (0.86–1.41)
3.0	3.5 (2.7–4.7)	14.2 (11.4–17.8)	3.4 (2.6–4.5)	5.7 (4.1–7.9)	7.7 (5.1–11.7)	5.8 (4.3–7.9)	45 (28–62)	9.6 (7.2–12.7)	8.4 (6.7–10.7)	1.14 (0.86–1.42)
3.5	3.7 (2.8–4.9)	14.8 (11.9–18.5)	3.6 (2.7–4.7)	5.9 (4.2–8.2)	8.0 (5.3–12.2)	6.0 (4.5–8.2)	45 (28–62)	10.0 (7.6–13.4)	8.8 (7.0–11.1)	1.15 (0.87–1.42)
4.0	3.8 (2.8–4.9)	15.4 (12.2–19.2)	3.7 (2.8–4.8)	6.0 (4.3–8.4)	8.3 (5.5–12.6)	6.3 (4.6–8.5)	45 (28–62)	10.5 (7.9–13.9)	9.1 (7.2–11.6)	1.15 (0.88–1.43)
4.5	3.9 (2.9–5.1)	15.8 (12.7–19.8)	3.8 (2.9–5.0)	6.2 (4.4–8.7)	8.6 (5.7–13.0)	6.5 (4.8–8.7)	45 (28–62)	10.9 (8.2–14.5)	9.4 (7.5–11.9)	1.15 (0.88–1.43)
5.0	3.9 (3.0-5.2)	16.3 (13.0–20.3)	3.9 (3.0–5.1)	6.4 (4.6–8.9)	8.8 (5.8–13.4)	6.6 (4.9–9.0)	45 (28–62)	11.2 (8.4–14.9)	9.7 (7.7–12.3)	1.16 (0.88–1.43)
5.5	4.0 (3.0-5.3)	16.7 (13.4–20.9)	4.0 (3.0-5.3)	6.5 (4.7–9.1)	9.0 (6.0–13.7)	6.8 (5.0–9.2)	45 (28–62)	11.6 (8.7–15.4)	10.0 (7.9–12.6)	1.16 (0.89–1.44)
6.0	4.1(3.1-5.4)	17.1 (13.7–21.4)	4.1 (3.1–5.4)	6.6 (4.7–9.3)	9.3 (6.1–14.1)	7.0 (5.1–9.4)	45 (28–62)	11.9 (8.9–15.8)	10.2 (8.1–12.9)	1.16 (0.89–1.44)
6.5	4.2 (3.1–5.5)	17.4 (14.0–21.8)	4.2 (3.1–5.5)	6.7 (4.8–9.4)	9.4 (6.2–14.3)	7.1 (5.3–9.6)	45 (28–62)	12.2 (9.2–16.2)	10.5 (8.3–13.2)	1.17 (0.90–1.45)
7.0	4.2 (3.2–5.6)	17.8 (14.2–22.2)	4.3 (3.2–5.6)	6.9 (4.9–9.6)	9.6 (6.3–14.6)	7.3 (5.4–9.8)	45 (28–62)	12.5 (9.4–16.6)	10.7 (8.4–13.5)	1.18 (0.90–1.46)
7.5	4.3 (3.2–5.7)	18.1 (14.5–22.6)	4.3 (3.3–5.7)	7.0 (5.0–9.7)	9.8 (6.5–14.9)	7.4 (5.5–10.0)	45 (28–62)	12.7 (9.6–16.9)	10.9 (8.6–13.8)	1.18 (0.91–1.46)
8.0	4.3 (3.3–5.8)	18.4 (14.7–23.0)	4.4 (3.3–5.8)	7.1 (5.1–9.9)	10.0 (6,6–15.1)	7.5 (5.6–10.2)	45 (28–62)	13.0 (9.8–17.3)	11.1 (8.8–14.0)	1.19 (0.91–1.47)
8.5	4.4 (3.3–5.8)	18.7 (15.0–23.4)	4.4 (3.4–5.9)	7.2 (5.1–10.0)	10.1 (6.7–15.4)	7.6 (5.6–10.3)	45 (28–62)	13.2 (10.0–17.6)	11.3 (8.9–14.3)	1.19 (0.92–1.47)
9.0	4.4 (3.3–5.9)	19.0 (15.2–23.7)	4.5 (3.4–5.9)	7.3 (5.2–10.2)	10.3 (6.8–15.6)	7.7 (5.7–10.5)	45 (28–62)	13.5 (10.1–17.9)	11.5 (9.1–14.5)	1.20 (0.92–1.47)
9.5	4.5 (3.4–6.0)	19.3 (15.4–24.0)	4.6 (3.4–5.9)	7.4 (5.3–10.3)	10.4 (6.9–15.8)	7.9 (5.8–10.6)	45 (28–63)	13.7 (10.3–18.2)	11.6 (9.1–14.7)	1.20 (0.92–1.48)
10.0	4.5 (3.4–6.0)	19.5 (15.6–24.4)	4.6 (3.5–6.1)	7.4 (5.3–10.4)	10.5 (6.9–16.0)	8.0 (5.9–10.8)	45 (28–63)	13.9 (10.5–18.5)	11.8 (9.3–14.9)	1.21 (0.92–1.48)
10.5	4.6 (3.5–6.1)	19.8 (15.8–24.7)	4.7 (3.5–6.2)	7.5 (5.4–10.5)	10.7 (7.1–16.3)	8.1 (6.0–10.9)	45 (28–63)	14.1 (10.6–18.8)	11.9 (9.5–15.1)	1.22 (0.94–1.49)
11.0	4.6 (3.5–6.1)	20.0 (16.0–25.0)	4.7 (3.5–6.2)	7.6 (5.4–10.6)	10.8 (7.2–16.5)	8.1 (6.0–11.0)	45 (28–63)	14.3 (10.8–19.1)	12.1 (9.6–15.3)	1.22 (0.94–1.50)

HR, heart rate; IVSd, interventricular septum diastole; LVIDd, left ventricular internal diameter diastole; LVFWd, left ventricular free wall diastole; IVSs, interventricular septum systole; LVIDs, left ventricular internal diameter; LA, left atrial diameter; and LA:Ao, left atrial-to-

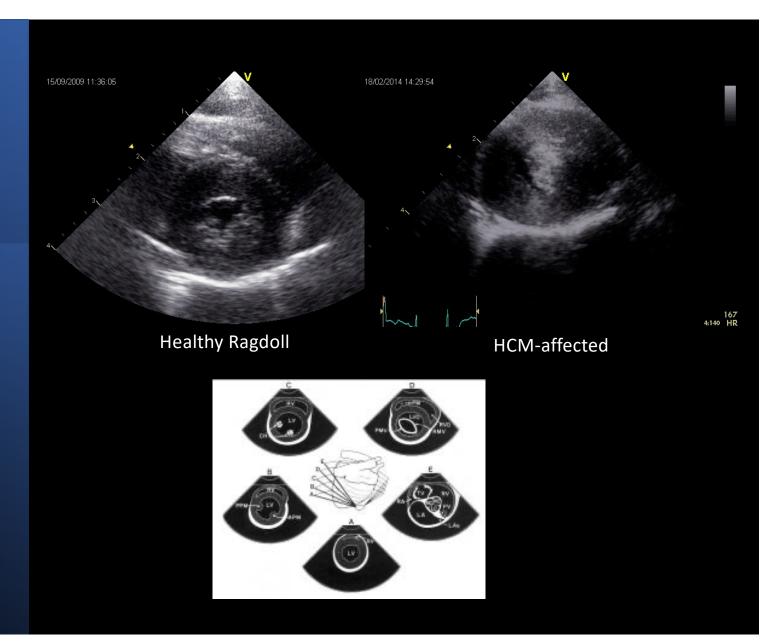


## Breed-differences in Phenotype



## HCM in Ragdolls









#### SPONTANEOUSLY-ARISING DISEASE

#### An Immunohistochemical Study of Feline Myocardial Fibrosis

H. Aupperle\*, K. Baldauf† and I. März†

\* Institute für Veterinär-Pathologie, An den Tierkliniken 33 and † Klinik für Kleintiere, An den Tierkliniken 23, Veterinärmedizinische Fakultät der Universität Leipzig, Germany

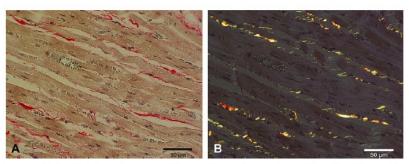


Fig. 3. Microscopical findings in the heart of an 8-year-old DSH cat. (A) Normal myocardium with few collagen fibres (red) between cardiomyocytes. Picrosirius red stain. (B) In the normal myocardium most collagen fibres are of collagen type I (yellow) and few fibres are of collagen type III (green). Picrosirius red stain with polarized light.

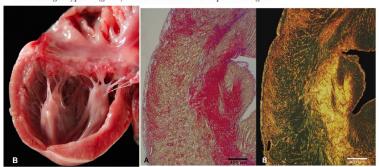


Fig. 4. Microscopical findings in the heart of a 7-year-old exotic short hair cat (see also Fig. 2B). (A) Large areas of myocardial fibrosis (red.). Picrosirius red stain. (B) The fibrosic areas are mainly composed of type I collagen fibres (yellow). Picrosirius red stain with polarized light.

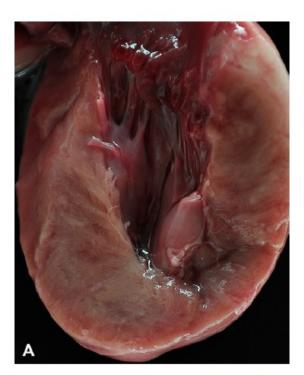
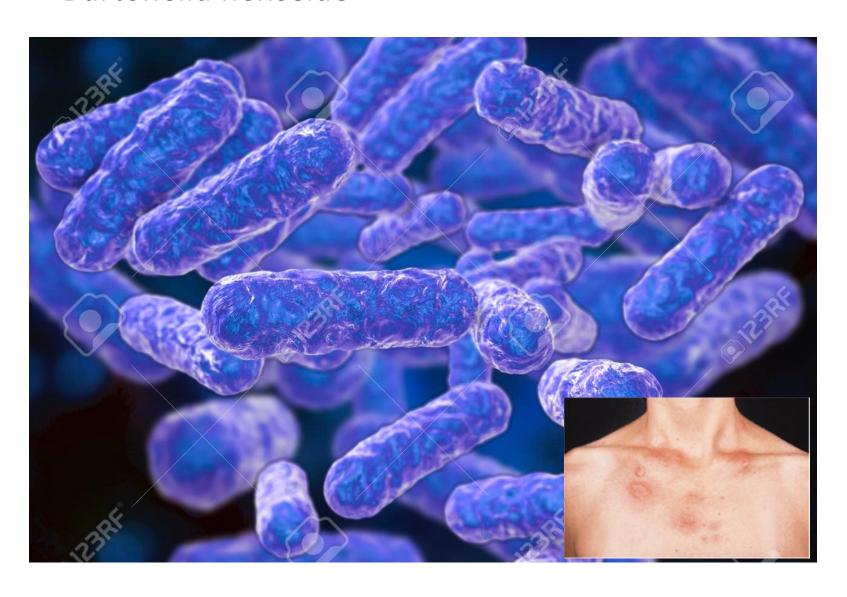


Fig. 2. (A) Heart from a 14-year-old DSH cat with marked hypert areas of white scar formation. (B) Heart from a 7-year-old ex to extensive myocardial fibrosis (see Fig. 4), but the papilla ened (feline endocardiosis).

## Bartonella henselae



#### **ScienceDirect**





#### INFECTIOUS DISEASE

#### Bartonella spp. as a Possible Cause or Cofactor of Feline Endomyocarditis-Left Ventricular Endocardial Fibrosis Complex

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#### Summary

Endomyocarditis is a commonly detected post-mortem finding in domestic cats presenting for sudden onset cardiovascular death, yet the actiology remains unresolved. Cats are documented reservoir hosts for Bartonella honselae, the infectious cause of cat scratch disease in man. Various Bartonella spp. have been associated with culture-negative endocarditis, myocarditis and sudden death in man and animals. We hypothesized that Bartonella spp. DNA could be amplified more often from the hearts of cats with feline endomyocarditis—left ventricular endocardial fibrosis (FEMC-LVEF) complex compared with cats with hypertrop hic cardiomyopathy (HCM) or cats with grossly and microscopically unremarkable hearts (designated non-cardiac disease controls). Formalin-fixed and paraffin wax-embedded, cardiac tissues from 60 domestic and purebred cats aged 3 months to 18 years were examined, and histological features were recorded. Cardiac tissue sections were tested for Bartonella DNA using multiple 16-23S intergenic transcribed spacer region polymerase chain reaction (PCR) primer sets, including two Bartonella genera, a Bartonella koehlerae species-specific and a Bartonella vinsonii subsp. berkhoffii-specific assay, followed by DNA sequence confirmation of the species or genotype. Special precautions were taken to avoid DNA cross-contamination between tissues. Bartonella spp. DNA was amplified by PCR and sequenced from 18 of 36 cats (50%) with FEMC-LVEF and 1/12 (8.3%) cats with HCM. Bartonella spp. DNA was not amplified from any non-cardiac disease control hearts. Based on PCR/DNA sequencing, one Bartonella spp. was amplified from 10 cats, while the remaining eight were coinfected with more than one Bartonella spp. To our knowledge, this study represents the first documentation of B. vinsonii subsp. berkhoffii genotype I infection in cats (n = 11). Fluorescence in-situ hybridization testing facilitated visualization of Bartonella bacteria within the myocardium of four of seven PCR-positive FEMC-LVEF hearts. Collectively, these findings support the hypothesis that Bartonella spp. may play a primary role or act as a cofactor in the pathogenesis of FEMC-LVEF. Studies involving cats from other geographical regions and definitive demonstration of Bartondla spp. within regions of inflammation are needed to confirm an association between Bartonella spp. and FEMC-LVEF induced morbidity and mortality in cats.

Bartonella?! (Restrictive Cardiomyopathy)

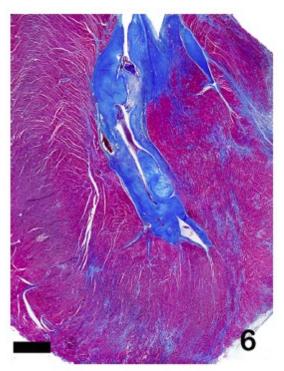


Fig. 6. Case 33, FEMC-LVEF cohort, subgross image. Left ventricular endocardial and myocardial fibrosis are highlighted by blue staining. Trichrome stain. Bar, 2 mm.



Fig. 4. Case 33, FEMC-LVEF cohort, gross longitudinal fourchamber cardiac dissection. There is severe, generalized left ventricular hypertrophy and mild right ventricular wall thickening. There is marked endocardial thickening associated with fibrosis in the mid to apical left ventricular chamber. Regions of mottling and white discolouration are present within the myocardium (fibrosis). The left atrium is markedly enlarged with diffuse endocardial fibrosis. The left atrioventricular valve is mildly thickened. Bar, 5 mm.

### False Tendons in **Humans and Cats**



Journal of Veterinary Cardiology (2017) 19, 14-23





www.elsevier.com/locate/jvc

#### Echocardiographic assessment of feline false tendons and their relationship with focal thickening of the left ventricle



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#### CLINICAL INVESTIGATION

measurements [13-15,33].

In conclusion, focal insertion is often associated

with increased segmental wall thickness of the IVS

in diastole. Although focal hypertrophy can occur

with feline HCM, the FT-regions did not apparently change over time when compared with non-FT regions. Furthermore, there was no obvious rela-

tionship with other forms of LV hypertrophy during routine echocardiographic examinations. The mean growth at the FT-region did not significantly differ from the growth at the non-FT region at

follow-up examinations, suggesting that these regions might be normal variation or of little clin-

ical significance to non-breeding cats. It is impor-

tant to carefully scrutinize focal thickening in an echocardiographic examination and review echocardiographic loops and 2D images for FT insertions. Furthermore, care must be taken to not

make erroneous measurements by including an FT

to the wall measurement or by erroneously filling in the space between the FT and the endocardium because of inappropriate contrast and gravscale

settings. Finally, it is important to conduct off-axis

imaging [6,21,31,32] to verify that true septal

thickness is not being altered by an adjacent FT running parallel to the IVS leading to erroneous



#### Left Ventricular False Tendons are **Associated With Left Ventricular Dilation and Impaired Systolic and Diastolic Function**



Michael E. Hall, MD, MS, Joseph A. Halinski, BA, MS, Thomas N. Skelton, MD. William F. Campbell, MD. Michael R. McMullan, MD. Robert C. Long, MD, PharmD, Myrna N. Alexander, MD, James D. Pollard, MD, John E. Hall, PhD, Ervin R. Fox, MD, MPH, Michael D. Winniford, MD and Daisuke Kamimura, MD, PhD

Background: Left ventricular false tendons (LVETs) are chord-like structures that traverse the LV cavity and are generally considered to be benign. However, they have been associated with arrhythmias, LV hypertrophy and LV dilation in some small studies. We hypothesize that LVFTs are associated with LV structural and functional changes assessed by echocardiography.

Methods: We retrospectively evaluated echocardiographic and clinical parameters of 126 patients identified as having LVFTs within the past 2 years and compared them to 85 age-matched controls without LVFTs

Results: There were no significant differences in age (52 ± 18 versus 54 ± 18 years, P = 0.37), sex (55% versus 59% men, P=0.49), race (36% versus 23% white, P=0.07), systolic blood pressure (131  $\pm$  22 versus 132  $\pm$  23 mmHg, P=0.76) robody mass index (BMi, 31  $\pm$  8 versus 29  $\pm$  10 kg/m², P=0.07) between controls and patients with LVFTs, respectively. Patients with LVFTs had more prevalent heart failure (43% versus 21%, P = 0.001). Patients with LVFTs had more LV dilation, were 2.5 times more likely to have moderate-to-severe mitral regurgitation, had more severe diastolic dysfunction and reduced LV systolic function (18% lower) compared with controls (all P < 0.05). After adjustment for covariates, basal and middle LVFT locations were associated with reduced LV systolic function (P < 0.01), and middle LVFTs were associa with LV dilation (P < 0.01).

Conclusions: Our findings suggest that LVFTs may not be benign variants, and basal and middle LVFTs may have more deleterious effects. Further prospective studies should be performed to determine their pathophysiological significance and whether they play a causal role in LV dysfunction

Key Indexing Terms: Myocardial band; Left ventricle; Cardiac dysfunction. [Am J Med Sci 2017;354(3):278-284.]

#### ANATOMIA HISTOLOGIA EMBRYOLOGIA

SHORT COMMUNICATION

#### Incidence, Distribution and Morphology of Left Ventricular **False Tendons in Cat Hearts**

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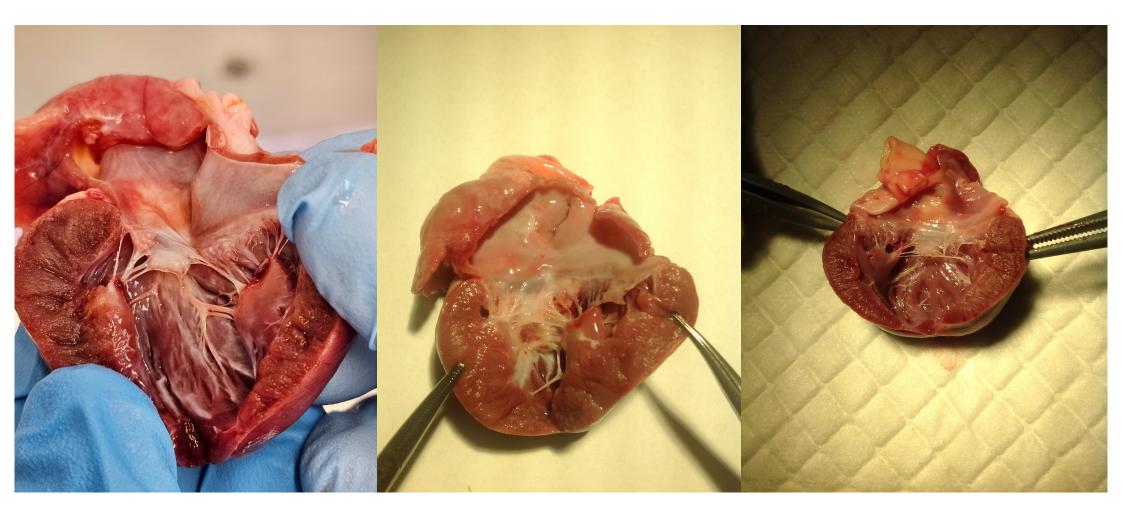
doi: 10.1111/ahe.12216

The incidence, distribution, and macro- and microscopic structures of left ventricular false tendons (LVFTs) in the cat heart were studied using 25 normal and 57 diseased hearts. The fibrous bands were observed in the left ventricle of all 82 cat hearts examined and most commonly extended between the papillary muscles and the ventricular septum. Histologically, the LVFTs were composed of central Purkinie fibres and surrounding dense collagenous fibres covered by endothelium. There was no appreciable difference in the incidence, distribution or morphology of LVFTs between the normal and the diseased hearts, indicating that LVFTs are a common anatomic variant in the cat heart.

Birman cat, 6Y, Male

Dias

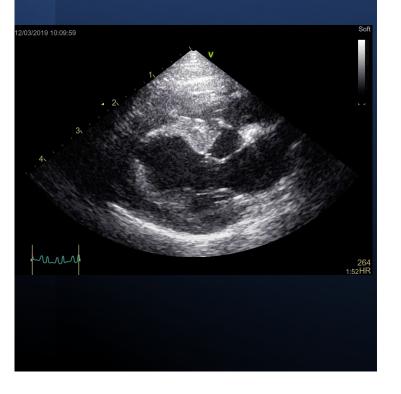
## False Tendons – Normal Variant eller Sygdom? 3 fænotyper?!

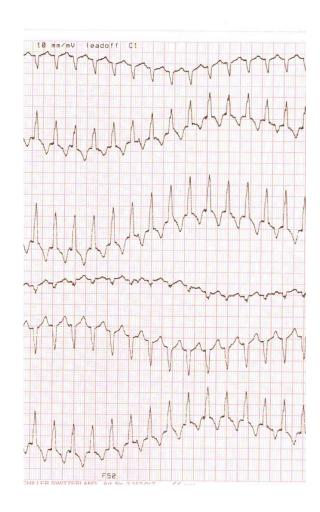


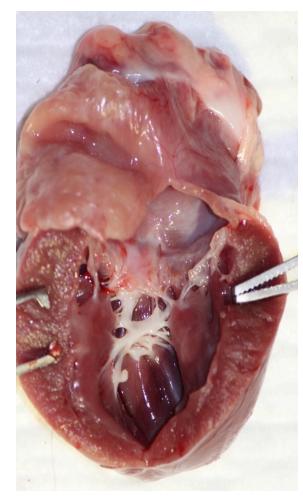
## Burmeser med Mislyd



## False Tendons



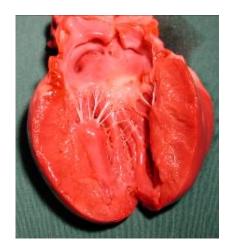




## Differential Diagnosis



- Aortic stenosis
- Hyperthyroidism
- Hypertension
  - Chronic renal disease
- Papillary muscle malpositioned
- False tendons
- Transient Myocardial Thickening
- Myocarditis
- Myocardial fibrosis
- Dehydration
- Lymphoma
- Acromegaly
- Amyloidosis
- Intra- and inter-breed variation
- Observer variation

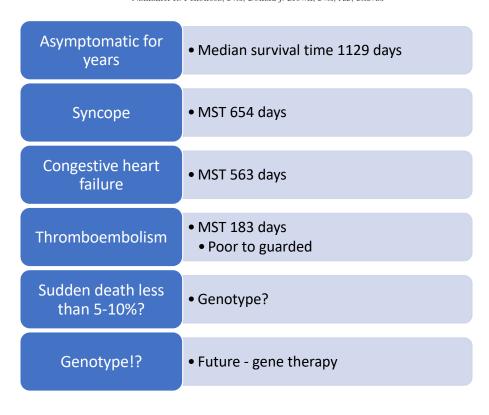




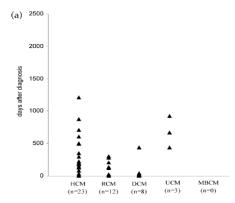
## **Prognosis**

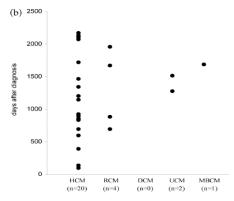
## Population and survival characteristics of cats with hypertrophic cardiomyopathy: 260 cases (1990–1999)

John E. Rush, DVM, MS, DACVIM, DACVECC; Lisa M. Freeman, DVM, PhD, DACVN; Nathaniel K. Fenollosa, DVM; Donald J. Brown, DVM, PhD, DACVIM



Symptomatic – Median survival 194 days (Paine et al, 2010)





**Fig 1.** (a) Survival of 46 cats with cardiomyopathy that died before the time of publication. (b) Survival of 27 cats with cardiomyopathy that were still alive at the time of publication.

Journal of Feline Medicine and Surgery (2003) 5, 151–159 doi:10.1016/S1098-612X(02)00133-X



Feline idiopathic cardiomyopathy: a retrospective study of 106 cats (1994–2001)

L Ferasin\*, CP Sturgess, MJ Cannon $^{\rm 1}$ , SMA Caney, TJ Gruffydd-Jones, PR Wotton $^{\rm 2}$ 

JAVMA, Vol 220, No. 2, January 15, 2002

### Maiken Bach, Studieadjunkt i klinisk kardiologi og Ph.D studerende

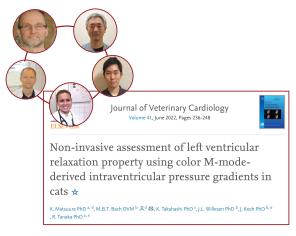


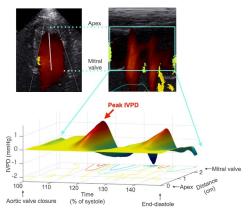


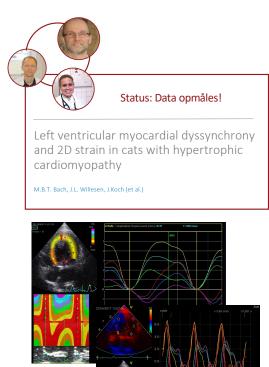


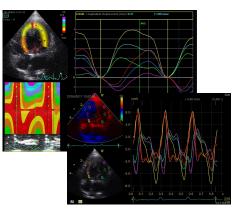
#### Ph.D. i avanceret ekkokardiografi 2025: Nye ekkokardiografiske markører for ...



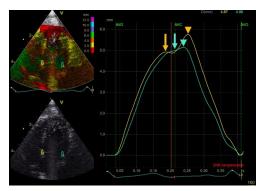








Journal of Veterinary Cardiology Volume 36, August 2021, Pages 153-168 Detection of congestive heart failure by mitral annular displacement in cats with hypertrophic cardiomyopathy – concordance between tissue Doppler imaging-derived tissue tracking and M-mode ☆ M.B.T. Bach DVM A ⊠, J.R. Grevsen DVM, M.A.B. Kiely DVM, J.L. Willesen PhD, J. Koch PhD



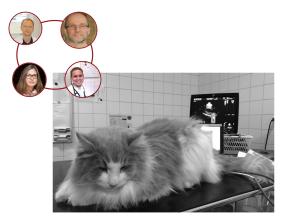
Tidlig detektion af HCM

Risiko vurdering af HCM katte

Detektion af hjertesvigt

#### Igangværende forskningsprojekter indenfor HCM

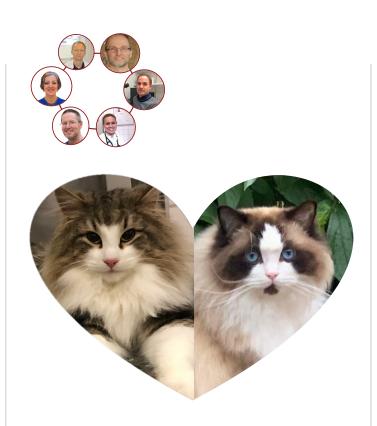






Der inkluderes NFO'er med HCM diagnosticeret før 5 års alderen!

HCM-genetik i Norsk Skovkat



Der inkluderes katte med HCM der skal aflives. Pjece for mere information.



I DK, fokus på familiestudier af katte med tidlig udviklet sygdomspræsentation <3år.

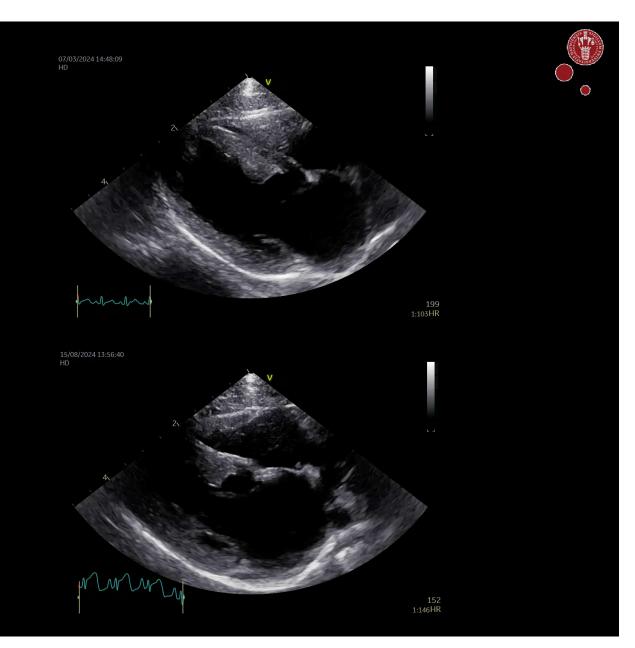
Myosin funktion & Behandlingsmuligheder

HCM-genetik i British shorthair



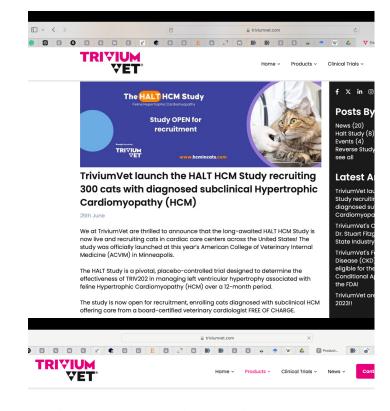
Katte med HCM kan registreres online til behandlingsstudie

• • •



## Rapamycin Inhibition of mTORC1

- Rapamycin specifically inhibits mTORC1 by binding to an intracellular protein called FKBP12 (FK506 binding protein 12). This complex then interacts with mTORC1, leading to its inhibition. The effects of rapamycin on mTORC1 are as follows:
- Reduction in protein synthesis: By inhibiting mTORC1, rapamycin reduces the synthesis of proteins involved in hypertrophy, leading to a suppression of the pathological growth of cardiomyocytes.
- Restoration of autophagy: Inhibition of mTORC1 allows autophagy to resume, helping cells clear out damaged proteins and organelles, improving cellular health and mitigating hypertrophic signaling.



## Feline Hypertrophic Cardiomyopathy (HCM)

TRIV202 has been researched and developed by Trivium Vet and is intended to be the first treatment for subclinical hypertrophic cardiomyopathy (HCM) in cats. HCM is a serious and life-threatening condition that affects approximately I cats. Prior to the onset of heart failure or other serious outcomes, HCM is currently untreatable with available therapies.

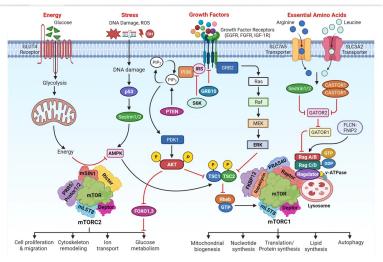
TRIV202 is a proprietary (patent pending), delayed release, inhibitor of the mTOR pathway – a central regulator of metab and physiology. TriviumVet is the first company to target this pathway in cats with heart disease. We have carried out ext formulation development to create a feline-safe, dose-appropriate product. TRIV202 is administered orally just once a w and is currently undergoing regulatory review.

The product has been evaluated in pet cats with early (subclinical) HCM by investigators at two US cardiology centers, are results were recently published in the Journal of the American Veterinary Medical Association.

Clinical Trials >

## mTORC1 & mTORC2 Effects (Multiprotein Complexes)

- · Protein synthesis and cell growth
- Lipid biosynthesis
- Inhibition of autophagy
- Metabolic regulation, including enhanced glycolysis and mitochondrial biogenesis
- Inhibition of catabolic processes
- Angiogenesis regulation
- Involvement in cellular senescence and aging
- Cardiac hypertrophy (pathological remodeling in diseases like hypertrophic cardiomyopathy)
- Modulation of inflammatory responses



The major upstream regulators of mTORC1 and mTORC2. Growth factors, amino acids like arginine and leucine, energy from glucose or other sources, cell stresses including DNA damage, and ROS stimulate mTORC1 to modulate various biological processes like mitochondrial biogenesis, nucleotide synthesis, mRNA translation (protein synthesis), lipid synthesis, and autophagy. The growth factors are the main regulators of the mTORC2 to control cell proliferation, migration, cytokseleton remodeling, in pransport, and olucose metabolism. Created with BioRender com

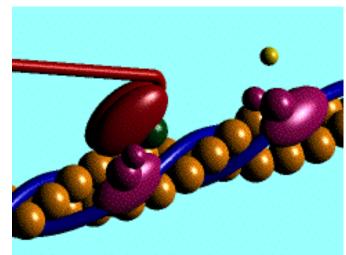
Panwar, V., Singh, A., Bhatt, M. et al. Multifaceted role of mTOR (mammalian target of rapamycin) signaling pathway in human health and disease. Sig Transduct Target Ther 8, 375 (2023). https://doi.org/10.1038/s41392-023-01608-z

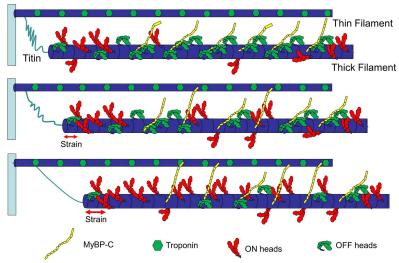
# Mavacamten in HCM Treatment

 Pathophysiology: Mutations in sarcomeric proteins (e.g., myosin) lead to excessive contractility, myocardial thickening, and impaired relaxation. Overactive myosinactin cycling increases ATP consumption and causes dysfunction

#### Mechanism:

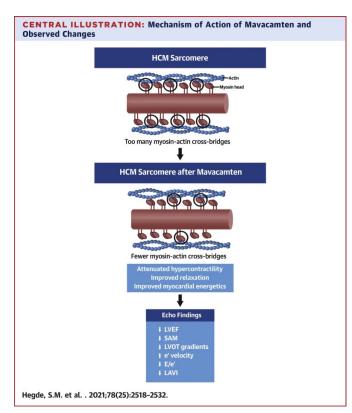
- Binds to β-cardiac myosin, reducing ATPase activity
- Stabilizes myosin in a "superrelaxed" state (SRX), lowering cross-bridge formation and decreasing contractile force





# Mavacamten in HCM Treatment

- Therapeutic Effects:
- Reduces hypercontractility and ATP consumption.
- Improves diastolic function, reducing symptoms like shortness of breath.
- Relieves LVOT obstruction, improving blood flow.
- May reverse myocardial hypertrophy and reduce arrhythmia risk.
- Clinical Outcomes: Improved symptoms, cardiac function, and reduced hypertrophy over time.



Journal of the American College of Cardiology Volume 78, Issue 25, 21–28 December 2021, Pages 2518-2532 Difficult to continue to believe that HCM is generally a disease caused by single mutations in the sarcomere (or, in the jargon of genetics, an autosomal dominant mutation). Leading researchers today are investigating broader hypotheses about the causes of HCM (Maron et al. 2019, Harper et al. 2021, Watkins 2021).



https://4hcm.org/updated-thinking-on-hcm-genetics/

